

# Engineering optical fibres for nonlinear optical endoscopy

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**Abstract:** This paper is to review the recent development of fibre-optical nonlinear optical microscopy for 3D endoscope tissue imaging. The new compact probes are designed with a double-clad photonic crystal fibre or a double-clad fibre.

## Introduction

One of the implementations toward a compact nonlinear optical microscope is the adoption of fibre optics. The invention of nonlinear optical microscopy based on multiphoton fluorescence and harmonic generation has provided a powerful tool for 3D imaging through tissue. The development of compact nonlinear optical microscopy or endoscopy is motivated by three novel applications. First, it provides high-resolution *in vivo* cellular imaging under conditions in which conventional bulk microscopy cannot be used. The examples of these conditions include imaging hollow tissue, imaging within solid organs, imaging freely-moving animals, and remote delivery and collection in a minimally invasive manner. Second, nonlinear optical endoscopy is a critical tool for long term imaging studies such as the investigation of the cellular effect of aging and the development of new *in vivo* assays for testing of drugs and therapeutics. Third, it facilitates the development of minimally invasive clinical diagnostics and surgical procedures.

Various efforts have been made to produce a compact probe based on single mode fibre optics [1-3]. It has been shown that the use of a single-mode fibre does not

efficiently facilitate both the delivery of near-infrared pulsed laser light and the collection of visible nonlinear optical signal [2, 4-6]. Here we report on the new development of a fibre-optical nonlinear optical endoscope probe towards 3D high-resolution tissue imaging. The signal of this new probe is increased by two orders of magnitude.

## Nonlinear optical micro-probe with a double-clad photonic fibre

The probe comprises of a double-clad photonic crystal fibre (PCF), a micro-prism, a two-dimensional (2D) microelectromechanical system (MEMS) mirror, and a gradient-index (GRIN) lens [3, 7-11]. A pulsed laser beam of wavelength 800 nm generated from a turnkey Ti:Sapphire (Spectra Physics, MaiTai) is launched into the double-clad PCF through a prechirp unit consisting of a grating pair. The endoscope probe allows side-view imaging at a working distance of approximately 200  $\mu\text{m}$ . The back-scattering nonlinear optical signals propagating through the fibre and the MEMS mirror are collected by a photomultiplier tube.

The imaging capability of the nonlinear optical endoscope is demonstrated by the two-photon fluorescence imaging with 10  $\mu\text{m}$  diameter fluorescent microspheres. It shows that the 2D MEMS mirror enables the efficient delivery of the light beam over the broadband wavelength range and the smooth response for image acquisition. *In vitro* three-dimensional (3D) images of internal organ tissue and cancer tissue have been achieved with a penetration depth of up to

100  $\mu\text{m}$  and axial resolution of approximately 10  $\mu\text{m}$ . Epithelial cells and intestinal crypts in 3D images from rat large intestine tissue are clearly identified. Morphological details in the breast cancer tissue (human u-87 MG glioblastoma cells) are also provided by the visualisation of cell nuclei (Fig. 1) [11].

The capability of the nonlinear endoscopic probe can be further extended to have 3D functional imaging [12]. This can be achieved by the use of supercontinuum generation in nonlinear photonic fibre.

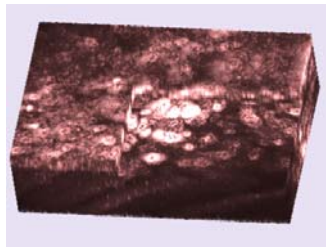


Fig. 1 Three-dimensional visualization of *in vitro* images of the human u-87 MG glioblastoma tissue.

### Nonlinear optical micro-probe with a double-clad photonic fibre

Although the nonlinear optical endoscope that uses the double-clad photonic crystal can improve the signal strength significantly, its weak mechanical strength has limited the probe in endoscope applications. An alternative way of designing a high efficiency nonlinear optical endoscope is the adoption of a double-clad fibre [13] that has an improved mechanical property for fast scanning. In addition, the double-clad fibre does not reduce the overall system efficiency due to the large size of the inner clad region that can transmit efficiently the visible signal from a 3D sample.

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